

Shree H. V. P. Mandal's

**Degree College of Physical Education,  
Amravati.**

(An Autonomous College)

**FACULTY OF Interdisciplinary Studies and Vocational  
Education**

**(Physical Education Group)**



**Curriculum Scheme**

**OF**

**Master of Physical Education (M. P. Ed.)**

**(Credit Based Semester Pattern)**

**Program Code:MPED**

**Introduced from the Session 2015-2016**

## **Preamble:**

The Master of Physical Education (M.P.Ed.) two years (Four Semesters, Choice Based Credit System) programme is a professional programme meant for preparing Physical Education Teachers for senior secondary (Class XI and XII) level as well as Assistant Professor/Directors/Sports Officers in Colleges/Universities and teacher educators in College of Physical Education.

The M.P.Ed. programme is designed to integrate the study of childhood, social context of Physical Education, subject knowledge, pedagogical knowledge, aim of Physical Education and communication skills. The programme comprise of compulsory and optional theory as well as practical courses and compulsory school internship in School/ College/Sports Organizations / Sports Academy / Sports Club.

### **R.M.P.Ed.1.Intake, Eligibility and Admission Procedure:**

The Intake, Eligibility and Admission Procedure is as per the NCTE norms and standards.

### **R. M.P.Ed. 2. Duration:**

The M.P.Ed programme is of a duration of two academic years, that is, four semesters. However, the students shall be permitted to complete the programme requirements within a maximum of three years from the date of admission to the programme.

### **R. M.P.Ed. 3. The CBCS System:**

All programmes shall run on Choice Based Credit System (CBCS). It is an instructional package developed to suit the needs of students, to keep pace with the developments in higher education and the quality assurance expected of it in the light of liberalization and globalization in higher education.

### **R. M.P.Ed. 4. Course:**

The term course usually referred to, as ‘papers’ is a component of a programme. All courses need not carry the same weight. The courses should define learning objectives and learning outcomes. A course may be designed to comprise Lectures/ Tutorials/Laboratory Work/ Field Work/ Outreach Activities/ Project Work/ Vocational Training/VIVA/ Seminars/ Term Papers/Assignments/ Presentations/ Self-Study etc. or a combination of some of these.

### **R. M.P.Ed.5. Courses of Programme:**

The M.P.Ed. programme consists of a number of courses, the term ‘Course’ applied to indicate a logical part of subject matter of the programme and is invariably equivalent to the

subject matter of a “paper” in the conventional sense. The following are the various categories of courses suggested for the M.P.Ed. Programme.

- **Theory**
  - **Core Course**
  - **Elective Course**
- **Practicum**
  - **Compulsory Course (Track and Field)**
  - **Elective Course**
  - **Teaching/Coaching Practices**
  - **Internship**

**R. M.P.Ed.6. Semesters:**

An academic year is divided into two semesters. Each semester will consist of 17-20 weeks of academic work equivalent to 100 actual teaching days. The odd semester may be scheduled from May/June to November/December and even semester from November / December to May/June. The institution shall work for a minimum of 36 working hours in a week (five or six days a week).

**R. M.P.Ed.7. Working days:**

There shall be at least 200 working days per year exclusive of admission and examination processes etc.

**R. M.P.Ed. 8. Credits:**

The term 'Credit' refers to a unit by which the programme is measured. It determines the number of hours of instructions required per week. One credit is equivalent to one hour of teaching (lecture or tutorial) or one and half / two hours of practical work/field work per week. The term 'Credit' refers to the weight given to a course, usually in relation to the instructional hours assigned to it. The total minimum credits, required for completing M.P.Ed. programme is 90 credits and for each semester 20 credits.

### Provision of Bonus Credits Maximum 06 Credits in each Semester

Sr. No.	Special Credits forte Extra Co-curricular Activities	Credit
1	Sports Achievement at State level Competition (Medal Winner)	1
	Sports Achievement National level Competition (Medal Winner)	2
	Sports participation International level Competition	4
2	Inter Uni. Participation (Any one game)	2
3	Inter College Participation (min. two games)	1
4	National Cadet Corps / National Service Scheme	2
5	Blood donation / Cleanliness drive / Community services /	2
6	Mountaineering – Basic Camp, Advance Camp / Adventure Activities	2
8	News Reporting / Article Writing / book writing / progress report writing	1

Students can earn maximum 06 Bonus credits in each semester by his/her participation in the above mentioned activities duly certified by the Head of the institution / Department. This Bonus credit will be used only to compensate loss of credits in academic activities.

### R. M.P.Ed. 9. Evaluation:

The performance of a student in each course is evaluated in terms of percentage of marks with a provision for conversion to grade point. Evaluation for each course shall be done by a continuous internal assessment (CIA) by the concerned course teacher as well as by end semester examination and will be consolidated at the end of course. The components for continuous internal assessment are;

One Test	15 Marks
Assignments / Lab Practical	10 Marks
Attendance	5 Marks
Total	30 Marks

Attendance shall be taken as a component of continuous assessment, although the students should have minimum 75% attendance in each course. In addition to continuous evaluation component, the end semester examination, which will be written type examination of at least 3 hours duration, would also form an integral component of the evaluation. The ratio of marks to be allotted to continuous internal assessment and to end semester examination is 30:70. The evaluation of practical work, wherever applicable, will also be based on continuous internal assessment and on an end-semester practical examination.

### **R. M.P.Ed 10. Grading:**

Once the marks of the CIA (Continues Internal Assessment) and SEA (Semester End Assessment) for each of the courses are available, both (CIA and SEA) will be added. The marks thus obtained for each of the courses will then be graded as per details provided in R. M.P.Ed. 12 from the first semester onwards the average performance within any semester from the first semester is indicated by Semester Grade Point Average (SGPA) while continuous performance (including the performance of the previous semesters also) starting from the first semester is indicated by Cumulative Grade Point Average (CGPA). These two are calculated by the following formula:

$$SGPA = \frac{\sum_{i=1}^n C_i G_i}{\sum_{i=1}^n C_i}$$

$$CGPA = \frac{\sum_{j=1}^N SGPA_j}{N}$$

Where  $C_i$  is the Credit earned for the course in any semester;  $G_i$  is the Grade point obtained by the student for the course and  $n$  number of courses obtained in that semester;  $SGPA_j$  is SGPA of semester  $j$  and  $N$  number of semester. Thus CGPA is average of SGPA of all the semesters starting from the first semester to the current semester.

### **R. M.P.Ed. 11. Classification of Final Results:**

For the purpose of declaring a candidate to have qualified for the Degree of Bachelor of Physical Education in the First class / Second Class / Pass Class or First Class with Distinction, the marks and the corresponding CGPA earned by the candidate in Core Courses will be the criterion. It is further provided that the candidate should have scored the First / Second Class separately in both the grand total and end Semester (External) examinations.

### **R. M.P.Ed.12. Letter Grades and Grade Points:**

- i. Two methods-relative grading or absolute grading– have been in vogue for awarding grades in a course. The relative grading is based on the distribution (usually normal distribution) of marks obtained by all the students in the course and the grades are awarded based on a cut-off mark or percentile. Under the absolute grading, the marks are converted to grades based on pre-determined class intervals. To implement the following grading system, the colleges and universities can use any one of the above methods.
- ii. The grades for each course would be decided on the basis of the percentage marks obtained at the end-semester external and internal examinations as per following table:

Percentage	Grade Point	Latter Grade	Description	Classification of final result
85 & above	8.5-10.0	O	Outstanding	First class with Distinction
70-84.99	7.0-8.49	A <sup>+</sup>	Excellent	
60-69.99	6.0-6.99	A	Very Good	First Class
55-59.99	5.5-5.99	B+	Good	Higher Second Class
50-54.99	5.0-5.49	B	Above Average	Second Class
40-49.99	4.0-4.99	C	Average	Pass Class
Below 40	0.0	F	Fail/ Dropped	Dropped
	0	AB	Absent	

### R. M.P.Ed.13. Grade Point Calculation

Calculation of **Semester Grade Point Average (SGPA)** and **Credit Grade Point (CGP)** and declaration of class for M. P. Ed. Programme.

The credit grade points are to be calculated on the following basis:

$$SGPA = \frac{\sum_{i=1}^n C_i G_i}{\sum_{i=1}^n C_i}$$

#### Example – I

Marks obtained by Student in course MPCC101 = 65/100

Percentage of marks = 65 %

Grade from the conversion table is = A

Grade Point = 6.0 + 5 (0.99/9.99)

= 6.0 + 5x0.1

= 6.0+ 0.5

=6.5

The Course Credits = 03

Credits Grade Point (CGP) = 6.5 × 03 = 19.5

The semester grade point average (SGPA) will be calculated as a weighted average of all the grade point of the semester courses. That is Semester grade point average (SGPA) = (sum of grade points of all eight courses of the semester) / total credit of the semester as per example given below:

## SEMESTER-1

Courses Code.	Credit	Marks out of 100 (%)	Grade	Grade Point	Credit Grade point
15 MPEd 101	3	65	A	6.5	19.5
15 MPEd 102	3	60	A	6	18
15 MPEd 103	3	62	A	6.2	18.6
15 MPEd 104 /15 MPEd 104	3	57	B+	5.7	17.1
15 MPEd 105	3	55	B+	5.5	16.5
15 MPEd 106	3	72	A+	7.2	21.6
15 MPEd 107	3	66	A	6.6	19.8
15 MPEd 108	3	72	A+	7.2	21.6
	24				152.7

### Examples: Conversion of marks into grade points

**15 MPEd 101**  $65 = 60 + 5 = 6.0 + 5 \times (0.99 / 9.99) = 6.0 + 5 \times 0.1 = 6.0 + 0.5 = 6.5$

**15 MPEd 102**  $60 = 6.0$

**15 MPEd 103**  $62 = 60 + 2 = 6.0 + 2 \times (0.99/9.99) = 6.0 + 2 \times 0.1 = 6.0 + 0.2 = 6.2$

**15 MPEd 104 A/15 MPEd 104 B**  $57 = 55 + 2 = 5.5 + 2 \times (0.49 / 4.99) = 5.5 + 2 \times 0.1 = 5.5 + 0.2 = 5.7$

**15 MPEd 105**  $55 = 5.5$

**15 MPEd 106**  $72 = 70 + 2 = 7.0 + 2 \times (1.49 / 14.99) = 7.0 + 2 \times 0.1 = 7.0 + 0.2 = 7.2$

**15 MPEd 107**  $66 = 60 + 6 = 6.0 + 6 \times (0.99 / 9.99) = 6.0 + 6 \times 0.1 = 6.0 + 0.6 = 6.6$

**15 MPEd 108**  $72 = 70 + 2 = 7.0 + 2 \times (1.49 / 14.99) = 7.0 + 2 \times 0.1 = 7.0 + 0.2 = 7.2$

SEMESTER GRADE POINT AVERAGE (SGPA) = Total Credit Grade Points

=  $152.7/24 = 6.3625$

SGPA Sem. I = 6.3625

At the end of Semester-1

Total SGPA = 6.3625

Cumulative Grade Point Average (CGPA) =  $6.3625/1 = 6.3625$

CGPA = 6.66875, Grade = A, Class = First Class

## SEMESTER-2

Courses No.	Credit	Marks out of 100 (%)	Grade	Grade Point	Credit Grade point
15 MPEd 109	3	76	A+	7.6	22.8
15 MPEd 110	3	64	A	6.4	19.2
15 MPEd 111	3	59	B+	5.9	17.7
15 MPEd 112/ 15 MPEd 112/ 15 MPEd 112/ 15 MPEd 112 / 15 MPEd 112/ 15 MPEd 112	3	80	A+	8	24
15 MPEd 113	3	49	C	4.9	14.7
15 MPEd 114	3	64	A	6.4	19.2
15 MPEd 115	3	55	B+	5.5	16.5
15 MPEd 116	3	72	A+	7.2	21.6
	24				155.7

SGPA Sem. II = 6.4875

At the end of Semester-2

Total SGPA for two Semesters = 12.85

Cumulative Grade Point Average (CGPA) =  $12.85/2 = 6.425$

CGPA = 6.66875, Grade = A, Class = First Class

## SEMESTER-3

Courses No.	Credit	Marks out of 100 (%)	Grade	Grade Point	Credit Grade point
15 MPEd 201	3	64	A	6.4	19.2
15 MPEd 202	3	64	A	6.4	19.2
15 MPEd 203	3	59	B+	5.9	17.7
15 MPEd 204/ 15 MPEd 204	3	81	A+	8.1	24.3
15 MPEd 205	3	49	C	4.9	14.7
15 MPEd 206	3	64	A	6.4	19.2
15 MPEd 207	3	68	A	6.8	20.4
15 MPEd 208	3	75	A+	7.5	22.5
	24				157.2

SGPA Sem. III = 6.55

At the end of Semester-3

Total SGPA for three Semesters = 19.4

Cumulative Grade Point Average (CGPA) =  $19.4/3 = 6.466667$

CGPA = 6.66875, Grade = A, Class = First Class

## SEMESTER-4

Courses No.	Credit	Marks out of 100 (%)	Grade	Grade Point	Credit Grade point
15 MPEd 209	3	83	A+	8.3	24.9
15 MPEd 210	3	76	A+	7.6	22.8
15 MPEd 211	3	59	B+	5.9	17.7
15 MPEd 212/ 15 MPEd 212	3	81	A+	8.1	24.3
15 MPEd 213	3	49	C	4.9	14.7
MPPC214	3	78	A+	7.8	23.4
MPPC215	3	81	A+	8.1	24.3
MPPC216	3	75	A+	7.5	22.5
	24				174.6

SGPA Sem. IV = 7.275

At the end of Semester-4

Total SGPA for all the four semesters = 26.675

Cumulative Grade Point Average (CGPA) =  $26.675 / 4 = 6.66875$

CGPA = 6.66875, Grade = A, Class = First Class

**Note:**

- (1) SGPA is calculated only if the candidate passes in all the courses i.e. get minimum C grade in all the courses.
- (2) CGPA is calculated only when the candidate passes in all the courses of all the previous and current semesters.
- (3) The cumulative grade point average will be calculated as the average of the SGPA of all the semesters continuously, as shown above.
- (4) For the award of the class, CGPA shall be calculated on the basis of:
  - (a) Marks of each Semester End Assessment And
  - (b) Marks of each Semester Continuous Internal Assessment for each course.

The final Class for M.P.Ed. Degree shall be awarded on the basis of last CGPA (grade) from one to four semester examinations.

**R. M.P.Ed.14. Grievance Redressal Committee:**

The college/department shall form a Grievance Redressal Committee for each course in each college/department with the course teacher / Principal / Director and the HOD of the faculty as the members. This Committee shall solve all grievances of the students.

**R. M.P.Ed.15. Revision of Syllabi:**

1. Syllabi of every course should be revised according to the NCTE.
2. Revised Syllabi of each semester should be implemented in a sequential way.
3. In courses, where units / topics related to governmental provisions, regulations or laws, that change to accommodate the latest developments, changes or corrections are to be made consequentially as recommended by the Academic Council.
4. All formalities for revisions in the syllabi should be completed before the end of the semester for implementation of the revised syllabi in the next academic year.
5. During every revision, up to twenty percent of the syllabi of each course should be changed so as to ensure the appearance of the students who have studied the old (unrevised) syllabi without any difficulties in the examinations of revised syllabi.
6. In case, the syllabus of any course is carried forward without any revision, it shall also be counted as revised in the revised syllabi.

**Semester - I**

<b>Part A :Theoretical Course</b>						
<b>Course Code</b>	<b>Title of the Papers</b>	<b>Total Hours</b>	<b>Credit</b>	<b>Internal Marks</b>	<b>External Marks</b>	<b>Total Marks</b>
<b>Core Course</b>						
<b>15 MPEd 101</b>	Research Process in Physical Education & Sports.	3	3	30	70	100
<b>15 MPEd 102</b>	Physiology of Exercise.	3	3	30	70	100
<b>15 MPEd 103</b>	Yogic Sciences	3	3	30	70	100
<b>Elective Course (Anyone)</b>						
<b>15 MPEd 104</b>	Corrective Physical Education and Rehabilitation.	3	3	30	70	100
<b>15 MPEd 104</b>	Health Education and Sports Nutrition.					
<b>Part-B Practical Course</b>						
<b>15 MPEd 105</b>	Track Events Running, Walking, Hurdle, and Relay	6	3	30	70	100
<b>15 MPEd 106</b>	Teaching Practice on Track Events.	6	3	30	70	100
<b>15 MPEd 107</b>	Yoga	6	3	30	70	100
<b>15 MPEd 108</b>	Classroom Teaching Lessons	6	3	30	70	100
<b>Total</b>		36	24	240	560	800

**Note: Total number of hours required to earn 3 credits for each theory course are 51-60 hours per semester whereas 102-120 hours for each practicum course.**

**Semester - II**

<b>Part A:</b>						
<b>Course Code</b>	<b>Title of the Papers</b>	<b>Total Hours</b>	<b>Credit</b>	<b>Internal Marks</b>	<b>External Marks</b>	<b>Total Marks</b>
<b>Core Course</b>						
<b>15 MPEd 109</b>	Applied Statistics in Physical Education &	3	3	30	70	100
<b>15 MPEd 110</b>	Sports Biomechanics	3	3	30	70	100
<b>15 MPEd 111</b>	Test Measurement and Evaluation in Physical Education	3	3	30	70	100
<b>Elective Course</b>						
<b>15 MPEd 112</b>	Theory of Athletics	3	3	30	70	100
<b>15 MPEd112</b>	Sports Journalism					
<b>Part-B Practical</b>						
<b>15 MPEd113</b>	Field Events and Combined Events Jumps – Long, High, Triple and Pole Vault. Throws – Discus, Javelin, Hammer and Shot Put	6	3	30	70	100
<b>15 MPEd114</b>	Games Specialization- Kabaddi/ Kho-Kho	6	3	30	70	100
<b>15 MPEd115</b>	Teaching Lessons on Field Events- 5 Lessons (4 Internal & 1 External)	6	3	30	70	100
<b>15 MPEd116</b>	Class room Teaching Lessons on theory of different Sports & Games- 5 Lessons (4 Internal & 1 External)	6	3	30	70	100
<b>Total</b>		36	24	240	560	800

**Note: Total number of hours required to earn 3 credits for each theory course are 51-60 hours per semester whereas 102-120 hours for each practicum course.**

**Semester - III**

<b>Part A: Theoretical Course</b>						
<b>Course Code</b>	<b>Title of the Papers</b>	<b>Total Hours</b>	<b>Credit</b>	<b>Internal Marks</b>	<b>External Marks</b>	<b>Total Marks</b>
<b>Core Course</b>						
<b>15 MPEd 201</b>	Scientific Principles of Sports Training	3	3	30	70	100
<b>15 MPEd 202</b>	Sports Medicine	3	3	30	70	100
<b>15 MPEd 203</b>	Sports Management And Curriculum Design in Physical Education	3	3	30	70	100
<b>Elective Course (Anyone)</b>						
<b>15 MPEd 204</b>	Sports Engineering	3	3	30	70	100
<b>15 MPEd 204</b>	Physical Fitness and Wellness					
<b>Part-B Practical Course</b>						
<b>15 MPEd 205</b>	Individual Game Specialization Boxing/Wrestling/Judo/ Archery/ Badminton	6	3	30	70	100
<b>15 MPEd 206</b>	Lesson on Individual Game Specialization- 5 Lessons (4 Internal & 1 External)	6	3	30	70	100
<b>15 MPEd 207</b>	5 Projects on Organization of Tournaments and Competitions (Two on Athletics and Three on Games)	6	3	30	70	100
<b>15 MPEd 208</b>	Internship	6	3	30	70	100
<b>Total</b>		36	24	240	560	800

**Note: Total number of hours required to earn 3 credits for each theory course are 51-60 hours per semester whereas 102-120 hours for each practicum course.**

**Semester - IV**

<b>Part A: Theoretical Course</b>						
<b>Course Code</b>	<b>Title of the Papers</b>	<b>Total Hours</b>	<b>Credit</b>	<b>Internal Marks</b>	<b>External Marks</b>	<b>Total Marks</b>
<b>Core Course</b>						
<b>15 MPEd 209</b>	Information & Communication Technology (ICT) in Physical Education	3	3	30	70	100
<b>15 MPEd 210</b>	Sports Psychology	3	3	30	70	100
<b>15 MPEd 211</b>	Dissertation	3	3	30	70	100
<b>Elective Course (Anyone)</b>						
<b>15 MPEd 212</b>	Sports/Game Specialisation- - Badminton -Football -Volley Ball -Basket Ball - Aquatics	3	3	30	70	100
<b>Part-B Practical Course</b>						
<b>15 MPEd 213</b>	Team Game Specialization Football/Cricket/Basketball/ Handball/ Volley-ball/Hockey/ Water-polo	6	3	30	70	100
<b>15 MPEd 214</b>	Coaching Lessons- 5 Lessons (4 Internal & 1 External)	6	3	30	70	100
<b>15 MPEd 215</b>	Laboratory Practical and Report Writing (Exercise Physiology, Sports Biomechanics, Sports Psychology)	6	3	30	70	100
<b>15 MPEd 216</b>	Internship	6	3	30	70	100
<b>Total</b>		36	24	240	560	800
		144	96	960	2240	3200

**Note: Total number of hours required to earn 3 credits for each theory course are 51-60 hours per semester whereas 102-120 hours for each practicum course.**

## SCHEME OF EXAMINATION

### (SEMESTER – I)

Paper	Subject	Internal	External	Total Marks
	<b><u>THEORY (400)</u></b>			
<b>15 MPEd 101</b>	Research Process in Physical Education & Sports	30	70	100
<b>15 MPEd 102</b>	Physiology of Exercises	30	70	100
<b>15 MPEd103</b>	Yogic Sciences	30	70	100
<b>15 MPEd 104 / 104</b>	1. Corrective Physical Education and Rehabilitation 2. Health Education and Sports Nutrition (Elective) (Any one)	30	70	100
	<b><u>PRACTICAL (400)</u></b>			
<b>15 MPEd 105</b>	Track Events Running, Hurdle, Relay, Walking (Performance in any Three from running events- 100 M / 110 M. Hurdle, 100 M / 200 M, 800 M / 1500 M )	30	70	100
<b>15 MPEd 106</b>	Teaching Practice on Track Event - 5 Lessons (4 Internal & 1 External)	30	70	100
<b>15 MPEd 107</b>	Yoga Performance in Asanas, Kriyas, Bandhas & Pranayama.	30	70	100
<b>15 MPEd 108</b>	Class Room Teaching Lessons - 5 Lessons (4 Internal & 1 External)	30	70	100
	<b>Total</b>	240	560	<b>800</b>

### SEMESTER -II

Paper	Subject	Internal	External	Total Marks
	<b><u>THEORY (400)</u></b>			
<b>15 MPEd 109</b>	Applied Statistics in Physical Education & Sports	30	70	100
<b>15 MPEd 110</b>	Sports Biomechanics	30	70	100
<b>15 MPEd 111</b>	Test, Measurement and Evaluation in Physical Education	30	70	100
<b>15 MPEd 112 / 112</b>	1. Theory of Athletic. OR 2. Sports Journalism (Elective)- Any one.	30	70	100
	<b><u>PRACTICAL (400)</u></b>			

<b>15 MPEd 113</b>	Field Events and Combined Events: Jumps- Long Jump, High Jump, Triple Jump, Pole Vault Throws- Shot Put, Discus Throw, Javelin Throw, Hammer Throw (Performance in any two events)	30	70	100
<b>15 MPEd 114</b>	Games Specialization- II (Second Best) Individual skills, game performance, Kabaddi / Kho-Kho	30	70	100
<b>15 MPEd 115</b>	Teaching Lessons on Field Events - 5 Lessons (4 Internal & 1 External)	30	70	100
<b>15 MPEd 116</b>	Classroom Teaching Lessons- 5 Lessons (4 Internal & 1 External)	30	70	100
	<b>Total</b>	240	560	<b>800</b>

### SEMESTER –III

<b>Paper</b>	<b>Subject</b>	<b>Internal</b>	<b>External</b>	<b>Total Marks</b>
	<b><u>THEORY (400)</u></b>			
<b>15 MPEd 201</b>	Scientific Principles of Sports Training	30	70	100
<b>15 MPEd 202</b>	Sports Medicine	30	70	100
<b>15 MPEd 203</b>	Sports management	30	70	100
<b>15 MPEd 204 / 204</b>	Sports Engineering OR Physical Fitness and Wellness (Elective)	30	70	100
	<b><u>PRACTICAL (400)</u></b>			
<b>15 MPEd 205</b>	Individual Game Specialization - Badminton / Wrestling / Judo / Boxing / Archery Skill demonstration and playing performance	30	70	100
<b>15 MPEd 206</b>	Lesson on Individual Game Specialization - 5 Lessons (4 Internal & 1 External)	30	70	100
<b>15 MPEd 207</b>	5 Projects on organization of Tournaments and Competitions ( Two on Athletics and Three on Games and Sports)	30	70	100
<b>15 MPEd 208</b>	Internship	30	70	100
	<b>Total</b>	240	560	<b>800</b>

**SEMESTER -IV**

<b>Paper</b>	<b>Subject</b>	<b>Internal</b>	<b>External</b>	<b>Total Marks</b>
	<b><u>THEORY (400)</u></b>			
<b>15 MPed 209</b>	Information & Communication Technology (ICT) in Physical Education	30	70	100
<b>15 MPed 210</b>	Sports Psychology	30	70	100
<b>15 MPed 211</b>	Dissertation	30	70	100
<b>15 MPed 212 / 212</b>	1. Value and Environmental Education. OR 2. Education Technology In Physical Education and Sports.	30	70	100
	<b><u>PRACTICAL (400)</u></b>			
<b>15 MPed 213</b>	Performance on Team Game Specialization (Football / Cricket / Basket Ball / Hand Ball/ Volley Ball / Hockey )	30	70	100
<b>15 MPed 214</b>	Coaching Lessons on Team Game Specialization - 5 Lessons (4 Internal & 1 External)	30	70	100
<b>15 MPed 215</b>	Laboratory Practical (2 x 10 = 20 Marks) and Report Writing (2 x 5 = 10 Marks)	30	70	100
<b>15 MPed 216</b>	Internship	30	70	100
	<b>Total</b>	<b>240</b>	<b>560</b>	<b>800</b>